

# Guidelines for Registering a Yoga Teacher Training Course



Thank you for your interest in registering your Yoga Teacher Training with YogaNZ. This document outlines the process for registration, and re-registration.

To register, your training must meet these **Base Criteria**:

- A lead teacher on the training is registered at the Level 4 membership tier.
- Your training is based in New Zealand.
- Your training is 1000-, 500-, 350- or 200- hours in duration.

## Benefits of course registration with Yoga New Zealand

- **Elevating and maintaining robust Yoga Teaching Training standards within New Zealand.** YogaNZ sets internationally recognised standards of its Registered Teacher Trainings, *elevating the standards of the industry*. Registered Teacher Training providers can promote their trainings as meeting these highest standards in the country.
- **Professional Association.** Your registration links you with your peers, and our community of members across New Zealand. As a key part of a New Zealand-based registration body for Yoga Professionals, you will be invited to participate in YogaNZ events, sharing your expertise and benefiting from others’.
- **Ease of joining YogaNZ for your graduates.** Your new Yoga teacher graduates can join YogaNZ by simply uploading their certificate of completion of your course/programme to their YogaNZ membership application form.
- **Find a training course/programme listing.** Your training will be listed on the YogaNZ Registered Teacher Trainings page, as well as referenced in the annual *Yoga Lunchbox Best Yoga Teacher Trainings in New Zealand Guide*.
- **Marketing advantage.** You will be encouraged to use the YogaNZ Registered Yoga Teacher Training course logo in all your advertising and promotional materials, letting your prospective students know your training meets the highest standards in the country. With a proliferation of trainings on the market, this recognition is increasingly important.

## General Guidelines for Registration

After checking that your training meets the Base Criteria (listed above), you are encouraged to apply to Register your training through the application form online.

As part of the on-line application you will be asked to upload:

- A detailed course outline and schedule specifying the topics covered, the hours allocated to each topic, and the method of delivery (i.e. *in person, real-time online, pre-recorded online*).
- An explanation of how these topics/hours match up to the YogaNZ Teacher Training Course curriculum areas/hours (provided to you).
- An explanation of how students will be assessed in each area of learning.
- Details of the qualifications and experience of all teaching staff.
- Course policy documents:
  - Student and Facility Code of Conduct
  - Complaints documents
  - Course Postponement Policy
  - Expulsion Policy
  - Refund Policy
  - Unpaid Fees Policy
  - Course Cancellation Policy

## Application review process

YogaNZ will consult with an external verifier to review your application. We will endeavor to complete this review within 20 working days, however it may be necessary to ask further questions or/and seek clarification of the material provided in your application. YogaNZ will assist you, where appropriate, to meet requirements for registration, such as by providing policy templates.

## Registration Period

Once the review is processed and complete, your training will be registered for the remainder of the current registration period, which

runs April 1st - 31st March. When renewing your registration for the next registration period, you will be credited with any additional months you have paid for in your initial annual application fee, and will be charged at this discounted, prorated rate. This is simply to align your registration with our registration calendar.

## Maintaining your registration

To maintain your registration annually, you will need to sign a declaration stating your lead teacher, course content, and delivery is the same as your initial application, and pay a re-registration fee. If any changes have been made, they will need to be outlined and approved through this declaration.

## Fees

All fees are for annual registration. The initial application & registration fee for a single course is \$950.00+GST. The re-registration fee is \$450.

Note, in your initial application you will be charged a full initial annual fee, no matter when during the registration period this falls. When you re-register for the next registration period (April 1st - 31 March), you will be credited the extra months you have paid, and charged a partial amount of the re-registration fee.

## Notes

- YogaNZ must be assured that your Yoga Teacher Training is a 'dedicated' course or programme. This means that the entire curriculum, content and delivery is documented and delivered as yoga teacher training, and not achieved by your teacher trainees making up curriculum hours by attending general yoga classes (except when training based on these is an integral part of the supervised training curriculum).
- While only one of the lead teachers must be a level 4 registered YogaNZ member, *all* teachers must be suitably qualified and experienced for the topics they teach.
- If your training course is delivered face-to-face in multiple locations (e.g. around the country), the principal trainer *in each location* must be a Level 4 member of YogaNZ, unless otherwise approved by YogaNZ. Each separate location in which the training is delivered is to be described in your application along with sufficient detail for YogaNZ to be satisfied of the quality and delivery of the course and principal trainers in each location.

- YogaNZ requires a minimum of 1 year's personal practice for membership Levels 1 or above - for this reason, we encourage you to consider this when setting any personal practice requirements of your students, to align with meeting the YogaNZ 1 year requirement upon graduating.
- Your teacher training should have a minimum of 70% tutor contact hours, with any non- contact hours to be recorded by the student in a journal or equivalent, for which attendance and engagement is assessed as part of the training.